

*Stuart D. Katchis, M.D.*

## **Surgical Information Checklist**

Your surgery is scheduled to be performed at **SurgiCare of Manhattan** 800 2<sup>nd</sup> Avenue (between 42<sup>nd</sup> & 43<sup>rd</sup>) 7<sup>th</sup> Floor in Manhattan. Telephone number 212-867-0609.

There is a parking garage on 43<sup>rd</sup> between 2<sup>nd</sup> & 3<sup>rd</sup> (cheapest and easiest)

### **Prior to Surgery**

- Ensure that medical clearance and tests have been performed by your medical doctor and that the results of these have been made available to our office. Tests should be done within 30 days of surgery- no less than 10 days. **The results should be faxed to 212-434-2844 no later than 72 hours prior to surgery date. To be sure the results are available on time please see your medical doctor at least 10 days prior to surgery.**
- A **surgical consent form** must be signed prior to having surgery. You will be asked to sign one at my office when you book surgery or the consent form may be mailed to you for signing. If sent to you by mail please sign and return to my office via mail.
- Have your pharmacist fill your pain medication prescription so that it is available for you at home immediately after surgery – If you have not been given a prescription, please call the office prior to your surgery so that one can be made available.
- **Please do not eat or drink anything (not even water) after midnight on the night before surgery.**
- You may take your usual medications on the night before surgery and also on the morning of surgery with a *small* sip of water.
- **Please do not take any aspirin or anti-inflammatory medications (Advil, Aleve, Motrin, aspirin, Excedrin, fish oils, vitamin e, etc) for 7 days prior to surgery. It is OK to take Tylenol or Extra Strength Tylenol.** If you have any questions regarding medication please contact the office.
- *If you have not heard from someone by 3 PM on the day before surgery. Please call our office before 5:00 PM.*
- **BRING ID WITH YOU, THE BUILDING REQUIRES ONE TO ENTER**

### **Day of Surgery**

- Anesthesia questions and options can be discussed in detail with your anesthesiologist on the day of surgery. If you need to talk to an anesthesiologist prior to the day of surgery you can call the **Department of Anesthesia at (212) 419-1016 (Dr Riegler).**
- Wear loose clothing. Remove nail polish. Remove jewelry.
- Bring any copies of x-rays / MRIs / CT Scans that you may have in your possession.
- Any required postoperative shoes, boots or walking aids will be provided for you at the hospital after surgery.
- Physical therapy for crutch walking will be provided at the hospital on the day of surgery.
- **You do not need to bring your pain medications with you.**